

ABSTRAK

HUBUNGAN *SELF EFFICACY* DAN MOTIVASI DENGAN KOMITMEN KELUARGA DALAM MENINGKATKAN STATUS GIZI PENDERITA TUBERKULOSIS DI WILAYAH KERJA PUSKESMAS GAPURA

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Pendahuluan: Tuberkolusis merupakan suatu penyakit infeksi yang disebabkan bakteri berbentuk basil atau batang yang di sebut mycobacterium. *Self efficacy* dan motivasi mempengaruhi komitmen keluarga dalam meningkatkan status gizi seseorang. Tujuan penelitian ini untuk mengetahui hubungan *self efficacy* dan motivasi dengan komitmen keluarga dalam meningkatkan status gizi penderita tuberkulosis di wilayah kerja puskesmas gapura. **Metode:** penelitian yang digunakan observasional analitik, dengan pendekatan cross sectional. Populasi penelitian ini 53 orang penderita tuberkulosis di wilayah kerja puskesmas gapura. Teknik sampling yang di gunakan purposive sampling dengan besar sampel 47 orang. Pengumpulan data menggunakan koesioner. SMKS (*Self efficacy* dan Motivasi Dengan Komitmen Keluarga Dalam Meningkatkan Status Gizi). Analisis data menggunakan Uji rank spearman. **Hasil penelitian:** *Self efficacy* penderita tuberkulosis paru di dapatkan Sebagian besar penderita 25 orang mempunyai *self efficacy* baik (53,2%), motivasi sebagai besar penderita 27 penderita terdapat motivasi baik (57,4%), sedangkan komitmen keluarga dalam meningkatkan status gizi penderita tuberculosis paru di dapatkan hampir seluruh 31 penderita terdapat komitmen yang baik (66,0%). Hasil uji analisis statistik korelasi spearman menunjukkan bahwa nilai *signifikan* p value = 0,00 ($p < \alpha$ 0,05), artinya H_0 di terima H_1 di tolak, yang berarti ada hubungan *self efficacy* dan motivasi dengan komitmen keluarga dalam meningkatkan status gizi penderita tuberkulosis di wilayah kerja puskesmas gapura, dengan kofisien kolerasi atau kekuatan hubungan kuat dengan -0,035 dengan arah hubungan positif. **Kesimpulan:** ada hubungan *self efficacy* dan motivasi dengan komitmen keluarga dalam meningkatkan status gizi penderita Tuberkulosis di Wilayah Kerja Puskesmas Gapura.

Kata kunci : *Self efficacy*, Motifasi, Komitmen, Tuberkulosis Paru.

ABSTRACT

THE RELATIONSHIP BETWEEN SELF-EFFICACY AND MOTIVATION AND FAMILY COMMITMENT IN IMPROVING THE NUTRITIONAL STATUS OF TUBERCULOSIS PATIENTS IN THE GAPURA HEALTH CENTER

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Introduction: Tuberculosis is an infectious disease caused by a bacterium called a bacillus or rod called mycobacterium. Self-efficacy and motivation affect family commitment to improve a person's nutritional status. This study aims to determine the relationship between self-efficacy and motivation and family commitment in improving the nutritional status of tuberculosis patients in the Gapura Health Center. **Methods:** The research used observational analysis with a cross-sectional approach. The population of this study is 53 people with tuberculosis in the working area of the Gapura Health Center. The sampling technique was purposive sampling with a sample size of 47 people. Data collection used a questionnaire. Data analysis used the Spearman rank test. **Results of the study:** Self-efficacy of patients with pulmonary tuberculosis was obtained. Most of the 25 patients had good self-efficacy (53.2%), the motivation of 27 patients was good (57.4%). In comparison, the commitment of the family to improve the nutritional status of patients with pulmonary tuberculosis was obtained by almost all 31 patients who had good commitment (66.0%). The results of the Spearman correlation statistical analysis test showed that the significant value of $p\text{-value} = 0.00$ ($p < \alpha 0.05$), meaning that H_0 was accepted and H_1 was rejected, which means that there was a relationship between self-efficacy and motivation and family commitment in improving the nutritional status of tuberculosis patients in the working area of the gatehouse health center, with a correlation coefficient or strong relationship strength with -0.035 with the direction of a positive relationship. **Conclusion:** there is a relationship between self-efficacy and motivation and family commitment in improving the nutritional status of Tuberculosis patients in the Working Area of the Gapura Health Center.

Keywords: Self-efficacy, Motivation, Commitment, Pulmonary Tuberculosis.