

ABSTRAK

HUBUNGAN PERAN KELUARGA DENGAN KEMANDIRIAN LANSIA DALAM PEMENUHAN AKTIVITAS SEHARI-HARI DI DESA MURTAJIH KECAMATAN PADEMAWU

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Peran keluarga adalah tingkah laku spesifik yang dilakukan seseorang dalam konteks keluarga sedangkan Kemandirian ADL (Activity of Daily Living) merupakan kegiatan yang dilakukan secara mandiri, seperti ke toilet, makan, berpakaian (berdandan), mandi, dan berpindah tempat . Tujuan penelitian ini Mendeskripsikan Hubungan Peran Keluarga Dengan Kemandirian Lansia Dalam Pemenuhan Aktivitas Sehari-hari Di Desa Murtajih Kecamatan Pademawu.

Penelitian deskriptif analitik, metode cross sectional. Subjek penelitian 35 responden yang memenuhi kriteria inklusi dan eksklusi diambil dengan Proportioned stratified random sampling. Hubungan Peran Keluarga Dengan Kemandirian Lansia Dalam Pemenuhan Aktivitas Sehari-hari dianalisis dengan menggunakan *uji statistik spearman rank's* dan analisis regresi logistik dengan SPSS 16.0. Telah dilakukan penelitian pada 35 orang subyek. Hasil uji *uji statistik spearman rank's* didapatkan nilai p value =0,000.

Berdasarkan hasil penelitian, didapatkan peran keluarga yang baik berjumlah 21 orang dengan skor 60 % dan kemandirian lansia yang mandiri berjumlah 21 orang lansia dengan skor 60 %. Hasil penelitian ini menunjukkan ada Hubungan Peran Keluarga Dengan Kemandirian Lansia Dalam Pemenuhan Aktivitas Sehari-hari Di Desa Murtajih Kecamatan Pademawu.

Kata Kunci: Peran Keluarga, Aktivitas Sehari-hari, dan lansia.

ABSTRACT

THE RELATIONSHIP BETWEEN THE ROLE OF THE FAMILY WITH THE MANDIRI ELDERLY IN FULFILLING DAILY ACTIVITIES IN MURTAJIH VILLAGE, PADEMAWU SUBDISTRICT

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The role of the family is specific behavior carried out by a person in the context of the family, while ADL (Activity of Daily Living) Independence is an activity carried out independently, such as going to the toilet, eating, dressing (dressing up), bathing and changing places. The purpose of this study is to describe the relationship between the role of the family and the independence of the elderly in fulfilling daily activities in Murtajih Village, Pademawu District.

Analytical descriptive research, cross sectional method. The research subjects were 35 respondents who met the inclusion and exclusion criteria taken by proportional stratified random sampling. The relationship between the role of the family and the independence of the elderly in fulfilling daily activities was analyzed using the Spearman rank's statistical test and logistic regression analysis with SPSS 16.0. Research has been conducted on 35 subjects. Spearman rank statistical test results obtained p value = 0.000.

Based on the results of the study, it was found that the role of a good family was 21 people with a score of 60% and the independence of the elderly who were independent amounted to 21 elderly people with a score of 60%. The results of this study indicate that there is a relationship between the role of the family and the independence of the elderly in fulfilling daily activities in Murtajih Village, Pademawu District.

Keywords: Family Role, Daily Activities, and Elderly.