

## ABSTRAK

### ASUHAN KEBIDANAN KOMPREHENSIF KEHAMILAN, PERSALINAN, NIFAS, BBL, DAN KB PADA NY."A" GIP00000 USIA KEHAMILAN 39 MINGGU DI BPM HJ. SITI HATIJA S,ST

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Seorang wanita perlu menjaga kesehatan dan keselamatan jiwanya karena banyak faktor yang dapat mengancam selama siklus kehidupannya. Untuk mengurangi resiko tersebut, laporan ini di buat dengan tujuan untuk memberikan Asuhan secara berkelanjutan (*continuity of care*) pada Ny."A" pada masa Kehamilan, persalinan, nifas, bayi baru lahir, dan KB.

Jenis penelitian yang digunakan adalah jenis penelitian yang bersifat deskriptif dengan sampel yang dipilih yaitu Ny."A" usia 20 tahun GIP00000 alat ukur yang digunakan Buku KIA, APN 60 Langkah, Partograf, Penapisan, Apgar score, Kartu KB, teknik analisa berdasarkan manajemen asuhan kebidanan 7 varney dan pendekatan metode SOAP.

Proses kehamilan pada Ny."A" berlangsung secara normal pada kunjungan 39 minggu Ny."A" Hanya mengeluh nyeri pinggang dan nilai Hb 8,6% yang berarti Ny."A" mengalami anemia sedang, sedangkan pada proses persalinan Ny."A" berlangsung pada tanggal 26 maret 2019 lama pada kala I antara pembukaan 5 cm sampai 10 cm berlangsung selama 1 jam, kala II selama 1 jam, kala III selama 10 menit, kala IV selama 2 jam. Sehingga dapat disimpulkan Ny."A" mengalami percepatan pembukaan serviks, pada bayi baru lahir spontan dengan jenis kelamin Laki-Laki, BB: 3500 gram, PB: 50 cm, A-S : 8-9, dan pada kunjungan masa nifas Ny."A" tidak memiliki keluhan yang mengganggu rasa nyamannya. Da pada kunjungan keluarga berencana dilakukan 1x dimana pada kunjungan pertama Ny."A" sudah menentukan suntik 3 bulan yang akan digunakannya.

Berdasarkan hasil asuhan kebidanan *continuity of care* yang telah dilakukan pada Ny."A" pada masa kehamilan kondisinya mengalami anemia sedang dan preeklampsia ringan, persalinan normal, masa nifas normal, BBL normal, dan KB normal. Diharapkan klien dapat menerapkan konseling yang telah diberikan selama dilakukan asuhan kebidanan sehingga kondisi ibu dan bayi tetap baik dan dapat mencegah terjadinya komplikasi hingga kematian.

**KATA KUNCI:** *Continuity Of Care*, Kehamilan, Persalinan, Masa Nifas, Bayi Baru Lahir, Dan KB

## **ABSTRACT**

### **COMPREHENSIVE PRIVATE VOCATIONAL SCHOOL PREGNANCY, LABOR, NIFAS, BBL, AND KB IN NY. "A" GIP00000 AGES PREGNANCY 39 WEEKSIN BPMHJ. SITI HATIJA S, ST**

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*A woman needs to maintain her health and safety because of many factors that can threaten her life cycle. To reduce this risk, this report was made with the aim of providing ongoing care (care of care) to Mrs. "A" during pregnancy, labor, childbirth, newborns, and family planning.*

*The type of research used is descriptive research with the sample chosen is Mrs. "A" age 20 years GIP00000 measuring instrument used MCH Handbook, APN 60 Steps, Partographs, Screening, Apgar score, KB Card, analysis technique based on care management midwifery and the SOAP method approach.*

*The process of pregnancy in Mrs. "A" takes place normally at 39 weeks' visit Mrs. "A" Only complains of low back pain and Hb value of 8.6% which means Mrs. "A" has moderate anemia, while in labor process Mrs. "A" Took place on March 26, 2019 at the time of the first time between the opening of 5 cm to 10 cm lasted for 1 hour, when II for 1 hour, stage III for 10 minutes, when IV for 2 hours. So that it can be concluded that Mrs. "A" has accelerated cervical opening, in spontaneous newborns with male gender, BB: 3500 grams, PB: 50 cm, US: 8-9, and during the postpartum visit Ny. "A" Has no complaints that disturb his comfort. During the family planning visit, it was conducted Ix where at the first visit Mrs. "A" had determined the injection of 3 months she would use.*

*Based on the results of midwifery care continuity of care that have been done to Mrs. "A" during pregnancy the condition has moderate anemia and mild preeclampsia, normal labor, normal postpartum period, normal BBL, and normal birth control. It is expected that the client can apply the counseling that has been given during midwifery care so that the condition of the mother and baby remain good and can prevent the occurrence of complications until death.*

**KEY WORDS: Continuity Of Care, Pregnancy, Childbirth, Postpartum, Newborns, and Family Planning**