

## ABSTRAK

### ASUHAN KEBIDANAN KOMPREHENSIF KEHAMILAN, PERSALINAN, NIFAS, BBL, DAN KB PADA NY”S” GIVP20012 USIA KEHAMILAN 40 MINGGU DI POLINDES AMRATI ARIFIN. S.ST

Oleh: Khotnayani

Tujuan laporan tugas akhir ini untuk memberikan asuhan kebidanan secara *continuity of care* pada ibu hamil, bersalin, nifas, neonatus dan KB dengan menggunakan pendekatan manajemen kebidanan yang di lakukan pada Ny.”S”. Asuhan diberikan di Polindes Amrati Arifin, S.,ST mulai tanggal 25 Maret 2019 sampai 16 Mei 2019. Pengambilan data dilakukan secara langsung dan melihat data rekam medis, pendokumentasian dilakukan dengan menggunakan Varney dan SOAP.

Asuhan kehamilan dilakukan kunjungan sebanyak satu kali pada usia kehamilan 40 minggu dengan HPHT 15 Juni 2018 dan TP 22 Maret 2019. Selama kunjungan ibu mengeluh pada pemeriksaan, yaitu sering buang air kecil, keluhan ini fisiologis dan telah di berikan teknik relaksasi. Didapatkan hasil pemeriksaan dengan keadaan umum baik dan tekanan darah 110/70 mmHg. Sehingga selama kehamilan Ny “S“ dalam keadaan baik dan normal. Asuhan Persalinan tanggal 25 Maret 2019 jam 16.00 WIB ibu datang ke Puskesmas dengan keluhan kenceng-kenceng dan keluar lendir darah dilakukan pemeriksaan jam 16.00 WIB hasil VT Ø 7 cm eff 75 %, ketuban (+), Hodge III. Pada jam 19.00 WIB dilakukan VT Pembukaan (Ø) 10 cm, efficement 100 % ketuban (-), Hodge IV. Saat proses persalinan ibu bersalin secara normal dengan asuhan APN 60 langkah, bayi lahir spontan jenis kelamin perempuan, BBL 3100 gram PB 49 cm segera dilakukan perawatan bayi baru lahir. Masa Nifas berjalan dengan fisiologis, ASI lancar dan mengajarkan ibu menyusui dengan benar. Asuhan KB dilakukan sebanyak 2x, ibu telah diberikan motivasi untuk ber-KB dan telah dijelaskan macam-macam KB, keuntungan dan keterbatasan KB, meyakinkan kembali tentang KB yang digunakan dan ibu memutuskan untuk menggunakan KB 3 bulan dengan alasan agar tidak mengganggu proses menyusui.

Berdasarkan hasil asuhan kebidanan *continuity of care* yang telah dilakukan pada Ny.”S” diharapkan klien dapat menerapkan konseling yang telah diberikan selama dilakukan asuhan kebidanan sehingga kondisi ibu dan bayi tetap baik dan dapat mencegah terjadinya komplikasi hingga kematian.

**Kata Kunci : Kehamilan, Persalinan, masa Nifas, Neonatus, dan Keluarga Berencana**

## ABSTRACT

### **UPBRINGING COMPREHENSIF OF MIDWIFERY, PREGNANCY, BREAD, CHILDBIRT, BBL, AND HAVE PLAN FAMILY, TO Ny ” S “ GIVP20012 40 PRENANCY FOOAY WEEK AGE IN VILLAGES POLY AMRATI ARIFIN S.ST**

**Oleh: Khotnayani**

The purpose of this last mission to give upbringing of midwifery according to continuity of care, to mother who pregnant women, childbirth, puerperal, neonates, and family planning using the obstetric management approach that is carried out on Mrs. “S”. Care was provided at Amrati Arifin, S.ST polindes from march 25, 2019 to may 16, 2019. Data collection was carried out directly and looking at medical record data, documentation was carried out using Varney and SOAP.

Pregnancy care is performed as much as one visit at 40 weeks gestation with HPHT 15 June 2018 and HPL 22 March 2019. During the visit the mother complained at the examination, which is frequent urination, this complaint is physiological and has been given relaxation techniques. Obtained the results of the examination with good general condition and blood pressure 110/70 mmHg. So that during pregnancy Mrs. “S” in good condition and normal. Childbirth Care on March 25, 2019 at 16.00 West Indonesia Time, mothers came to the Puskesmas with complaints about pain and bloody mucus were examined at 16.00 WIB results of VT 7 cm eff 75%, amniotic fluid (+), hodge II. At 19.00 West Indonesia Time the VT opening () 10 cm, 100% efficacy of the amniotic fluid (+) hodge IV. During the delivery process of a normal delivery mother with 60 steps APN care, the baby is born spontaneously female sex, BBL 3100 grams PB 49 cm is immediately treated for newborns. The puerperium goes on physiologically, ASI is smooth and teaches mothers to breastfeed properly. Planning program and has explained various types of birth control, the advantages and limitations of family planning, reassuring about the family planning used and mother decides to use 3 months of contraception on the grounds that it does not interfere with the breastfeeding process.

Based on the results of continuity of care midwifery care that has been carried out on Mrs. “S”, it is expected that clients can apply counseling that has remain good and can prevent complications to death.

**Keywords pregnancy, shildbirth, post partum period, neonatus, and family planning.**