

## ABSTRAK

Susanto, Edi. 2020. Pengaruh Kegiatan AHAT (Jumat Bersih Dan Sehat) Terhadap Karakter Peduli Lingkungan dan Disiplin di SDN Kebundadap Timur I. Tugas Akhir Program Studi Pendidikan Guru Sekolah Dasar, Fakultas Keguruan dan Ilmu Pendidikan, Universitas Wiraraja. Pembimbing : (I) Nisfil Maghfiroh Meita, M.Pd, (II) Ratna Novita Punggeti, S.Pd., M.Pd.

Penelitian ini dilatarbelakangi oleh permasalahan yang masih ditemukan beberapa kondisi seperti kurangnya peran aktif peserta didik dalam mengikuti kegiatan penataan lingkungan sekolah dan kegiatan rutin sekolah yang mencakup, kebersihan ruang kelas dan lingkungan sekolah. Selain dari permasalahan tersebut sikap peserta didik terhadap perilaku hidup sehat meliputi: (a) Sikap peserta didik dalam berperilaku terhadap makanan dan minuman; (b) Sikap peserta didik dalam berperilaku terhadap kebersihan diri; (c) Sikap peserta didik dalam berperilaku terhadap kebersihan lingkungan; (d) Sikap peserta didik dalam berperilaku terhadap sakit dan penyakit; dan (e) Sikap peserta didik dalam berperilaku hidup yang teratur. Oleh karena itu untuk memberikan perubahan yang dapat membangun karakter peserta didik salah satunya dengan menerapkan perilaku peduli lingkungan dan disiplin kepada peserta didik. Tujuan dari penelitian ini adalah untuk mengetahui pengaruh antara kegiatan AHAT (Jumat Bersih dan Sehat) terhadap karakter peduli lingkungan dan disiplin di SDN Kebundadap Timur I. Jenis penelitian ini menggunakan jenis penelitian kuantitatif dengan menggunakan metode kuesioner dan wawancara. Populasi yang digunakan dalam penelitian ini adalah seluruh siswa kelas I s.d kelas VI SDN Kebundadap Timur I di Desa Kebundadap Timur sebanyak 164 siswa. Sampel yang diambil dalam penelitian ini terdiri dari kelas IV berjumlah 24 siswa, kelas V berjumlah 27 siswa, dan kelas VI berjumlah 29 siswa. Jadi jumlah keseluruhan sampel yaitu 80 siswa. Namun dengan adanya pandemi covid-19 peneliti mengambil sampel sebanyak 30 siswa. Hasil Penelitian menunjukkan bahwa nilai signifikansi sebesar  $0,000 < 0,05$  artinya  $H_0$  ditolak dan  $H_a$  diterima, yaitu terdapat pengaruh yang signifikan antara AHAT (Kegiatan Jumat Bersih dan Sehat) terhadap karakter peduli lingkungan dan disiplin di SDN Kebundadap Timur I.

**Kata Kunci :** AHAT, Peduli Lingkungan, Disiplin

## ABSTRACT

*Susanto, Edi. 2020. The Influence of AHAT (Clean and Healthy Friday) Activities on Character Caring for the Environment and Discipline at SDN Kebundadap Timur I. Final Project for Primary School Teacher Education Study Program, Faculty of Teacher Training and Education, Wiraraja University. Advisors : (I) Nisfil Maghfiroh Meita, M.Pd, (II) Ratna Novita Punggeti, S.Pd., M.Pd.*

*This research is motivated by problems that are still found in several conditions such as the lack of active role of students in participating in school environment structuring activities and school routine activities which include cleanliness of classrooms and school environment. Apart from these problems, the attitudes of students towards healthy living behaviors include: (a) The attitudes of students in their behavior towards food and drink; (b) The attitude of students in their behavior towards personal hygiene; (c) The attitude of students in their behavior towards environmental cleanliness; (d) Attitudes of students in their behavior towards illness and disease; and (e) the attitude of students in having an orderly life behavior. Therefore, to provide changes that can build the character of students, one of them is by implementing environmental care behavior and discipline to students. The purpose of this study was to determine the effect of AHAT (Clean and Healthy Friday) activities on the character of environmental care and discipline in SDN Kebundadap Timur I. This type of research uses quantitative research using questionnaire and interview methods. The population used in this study were all students of class I to class VI SDN Kebundadap Timur I in the village of East Kebundadap as many as 164 students. The sample taken in this study consisted of 24 students in class IV, 27 students in class V, and 29 students in class VI. So the total sample size is 80 students. However, with the covid-19 pandemic, researchers took a sample of 30 students. The results showed that the significance value of  $0.000 < 0.05$  means that  $H_0$  is rejected and  $H_a$  is accepted, that is, there is a significant influence between AHAT (Clean and Healthy Friday Activities) on the character of environmental care and discipline in SDN Kebundadap Timur I.*

**Keywords :** AHAT, Environmental Care, Discipline