

ABSTRAK

HUBUNGAN KETIDAKPATUHAN IBU HAMIL KONSUMSI TABLET Fe DENGAN KEJADIAN ANEMIA IBU HAMIL DI DESA BATUAN KABUPATEN SUMENEP

Oleh : Rosmawati Syah

Ketidakpatuhan ibu hamil meminum tablet Fe dapat mencerminkan seberapa besar peluang untuk terkena anemia. Tujuan penelitian menganalisis Hubungan Ketidakpatuhan Ibu Hamil Konsumsi Tablet Fe Dengan Kejadian Anemia Ibu Hamil Di Desa Batuan Kabupaten Sumenep.

Jenis penelitian *cross sectional*, Variabel independen ketidakpatuhan minum tablet Fe dan variabel dependen kejadian anemia ibu hamil. Waktu penelitian satu bulan di Desa Batuan, Populasi 122 orang, sampel 30 orang, teknik sampling menggunakan *simple random sampling*. Instrumen penelitian menggunakan kuisioner.

Hasil penelitian menunjukkan sebagian besar responden patuh minum tablet Fe. Sebagian besar responden tidak mengalami anemia. Ada hubungan ketidakpatuhan ibu hamil dengan kejadian anemia di wilayah kerja Puskesmas Batuan Kabupaten Sumenep.

Pencegahan dan pengobatan anemia pada ibu hamil dapat dilakukan dengan memberikan tablet Fe. Agar efektif, petugas kesehatan memberikan tablet Fe sesuai dengan aturan dan cara minum. Petugas melibatkan keluarga agar biasa mengawasi ibu hamil dalam program pemberian tablet Fe

Kata kunci : *ibu hamil, anemia, tablet Fe, ketidakpatuhan*



ABSTRACT

THE RELATIONSHIP OF INFECTION OF PREGNANT MOTHER OF CONSUMPTION OF TABLET Fe WITH THE EVENT OF PREGNANT WOMEN'S ANEMIA IN THE BATUAN VILLAGE OF SUMENEP DISTRICT

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Noncompliance with a pregnant woman taking Fe tablets can reflect how much chance there is for anemia. The purpose of this study is to analyze the relationship between poor adherence of pregnant women consuming Fe tablets with the incidence of anemia in pregnant women in Batuan village, Sumenep district.

This type of research is cross sectional, the independent variable is non compliance with Fe tablets and the dependent variable is the incidence of anemia in pregnant women. One month of research in the village of Batuan, a population of 122 people, a sample of 30 people, sampling techniques using simple random sampling. Research instruments using questionnaires.

The results showed that most respondents obediently took Fe tablets. Most respondents did not experience anemia. There is a relationship between non-compliance of pregnant women with the incidence of anemia in the working area of Batuan Health Center, Sumenep Regency.

Prevention and treatment of anemia in pregnant women can be done by giving Fe tablets. To be effective, health workers give Fe tablets according to the rules and how to drink. The officers involve the family so that they usually supervise pregnant women in the program of giving Fe tablets.

Keywords: pregnant women, anemia, Fe tablets, non-compliance



